

## PRODUCT RECOMMENDATION







## **ABCA MATTRESS BENEFITS:**

The ABCA mattress has been designed by ABC practitioners to support the alignment of their patients. With three times the number of springs of a standard mattress, this mattress will provide your body with the support it needs for you to sleep the whole night through.

The 3rd generation ABCA Mattress has the ability to unzip the pillowtop cover and interchange the foam to suit both you, your partner, and your health journey. We recommend the Super Firm option when ordering, however are confident in the support of the spring system and for the first time have opened up the option to choose a firm pillowtop, or split the pillowtop allowing ABC patients to have the Super Firm or Firm on their side, while their partner has a softer foam to suit their preferences.

Customise your mattress for your most supported sleep

Ask us how to order yours today!