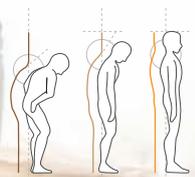


# ABCA SUPER FIRM MATTRESS

Support your body



Dr. Samantha Coupe  
BChiroSc, MChiro and  
ABC™ Certified instructor

# ABCA

Advanced  
Bio-Structural  
Correction  
Australasia

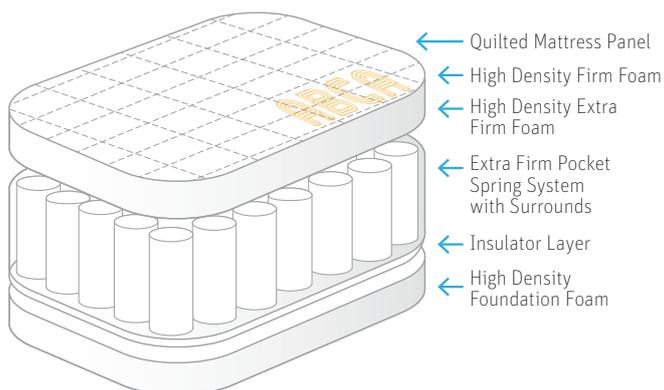
## Why the ABCA Mattress?

After years of directing patients to firm mattresses but having them regularly sold on the bells and whistles of soft pillow tops and memory foams, ABC™ Chiropractors have designed a firm, supportive mattress to suit our recommendations.

This mattress is sold exclusively through Advanced Biostructural Correction Australasia, a not for profit association which directs profits to the development of ABC™ in the region.

## Why firm?

When patients are undergoing ABC™ care the improvements to their mechanics and unwinding of twists in structure mean they will benefit from a firm mattress. Most mattresses on the market are too soft and allow your body to fall into positions that reinforce patterns of misalignment. When the mattress is firm and the pillow height just right, your eyes will close effortlessly, your entire body will relax and you'll sleep the entire night without moving.



- ✓ Fully breathable fabric used to keep the mattress fresh
- ✓ Australian made high density foam designed to perform for the life of the mattress. Foam is pre stressed in order to minimize loss of height or hardness (by compressing the bun of foam prior to cutting in sheet form)
- ✓ The Spring System is made to Regal's specifications (exclusive) and has been signed off for quality assurance. These Pocket Springs are made from tempered steel at a stronger than normal wire gauge and is encased in a material pocket for a very supportive feel. The ABCA mattress contains three times more springs than a standard pocket spring mattress

For more information visit our website: [abcaustralasia.org.au](http://abcaustralasia.org.au)